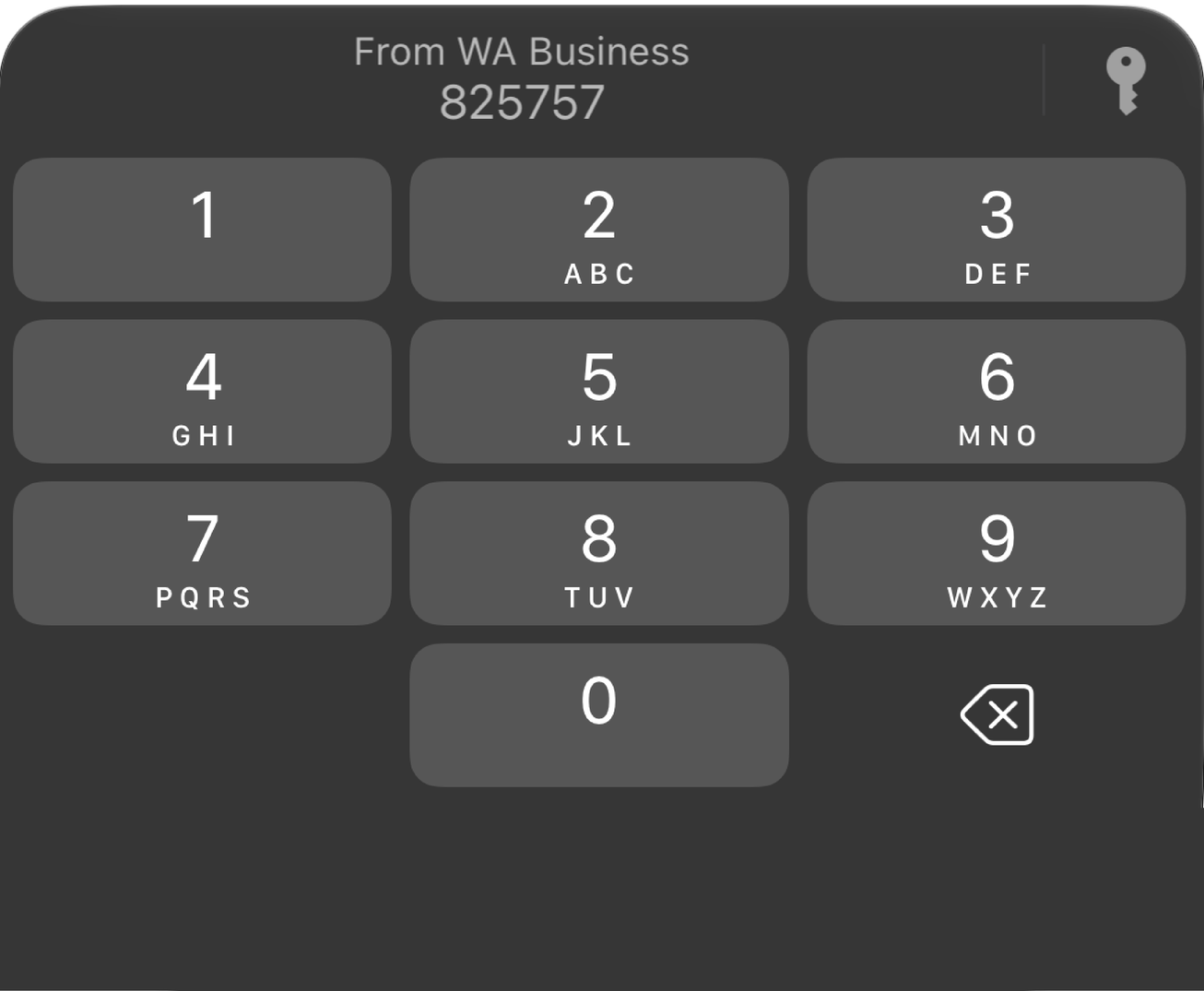
A HAPPY LIFE HAS A RECIPE.

Get Started →

Enter your phone number

+971 05X XXX XX XX

Get Started

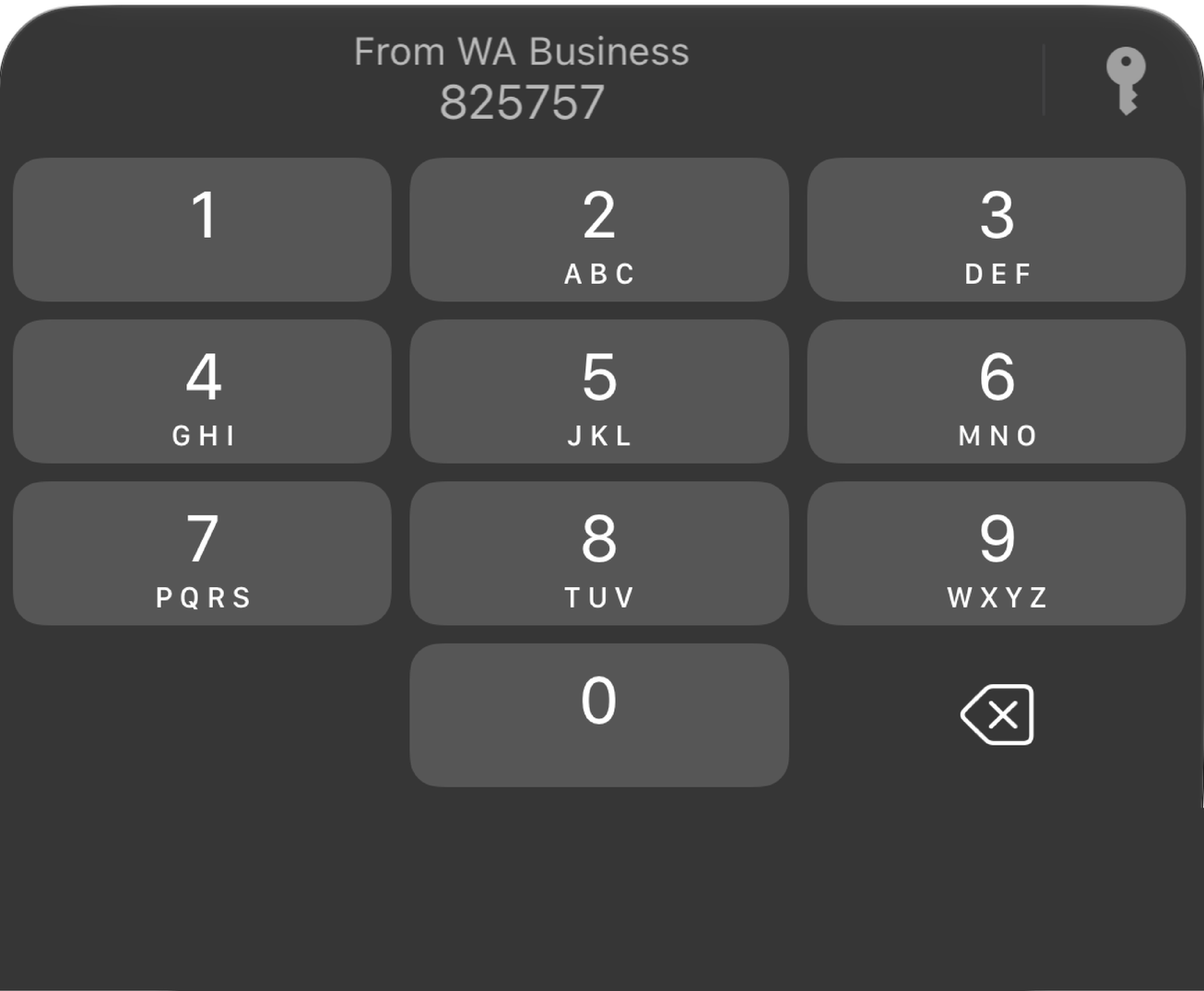


We sent you a verification code.

OTP is sent to +971564479907 via SMS

resend code

Verify



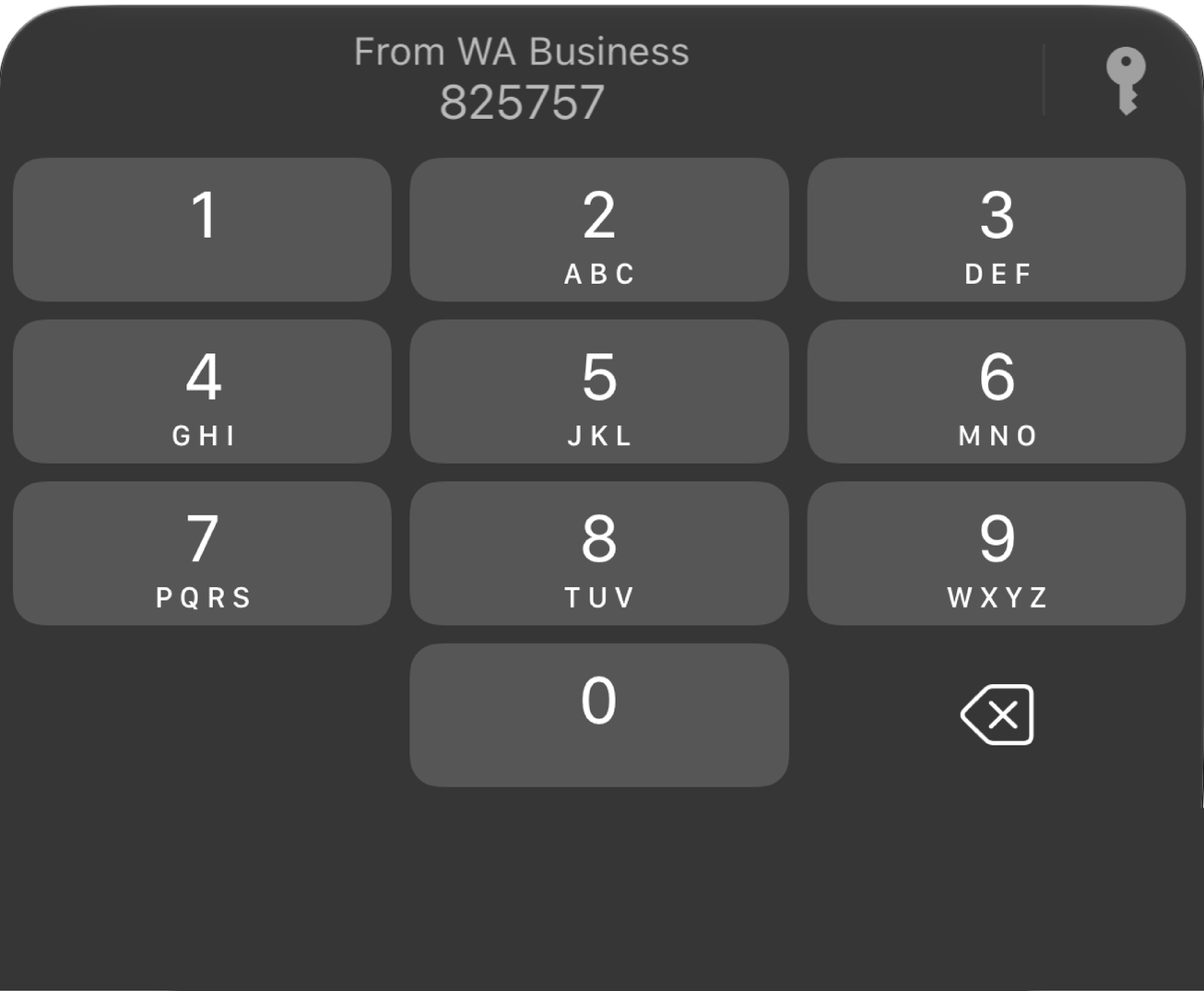
What’s your name?

Ali

Male

Female

Continue



When is your birthday?

DD/MM/YYYY

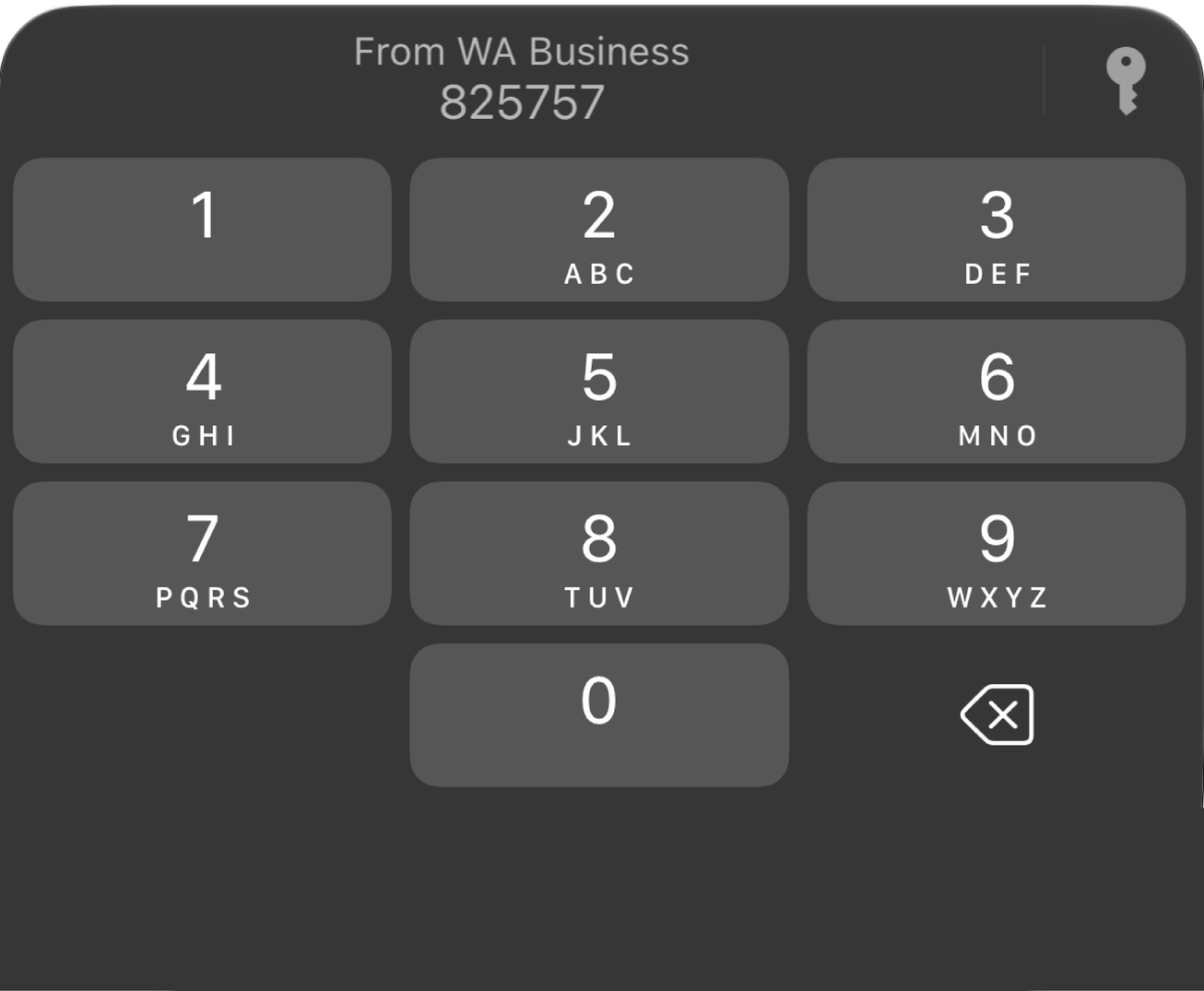
Continue

29	October	1997
30	November	1998
31	December	1999
1	January	2000
2	February	2001
3	March	2002
4	April	2003

What is your nationality?

e.g.UAE

Continue





Meal type

Choose your daily meals

2 Meals per day | 3 Meals per day

Lunch + Dinner

Breakfast + Lunch

Breakfast + Dinner

View full monthly menu

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue



Package length

Choose your package length

5 DAYS / WEEK 20 days in a month

MON TUE WED THU FRI

6 DAYS / WEEK 24 days in a month

MON TUE WED THU FRI SAT

1 TRIAL WEEK 6 days in a trial week

MON TUE WED THU FRI SAT

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue



Do you have any food allergies?

- Exclude red meat
- Exclude fish
- Exclude Shrimps

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue



Do you want to add snacks to your daily meals?

No

Yes +Đ351

View full monthly menu

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue

Choose your Emirate and district / area.

Select an Emirate

Select district / area

Please enter your address.

Building name

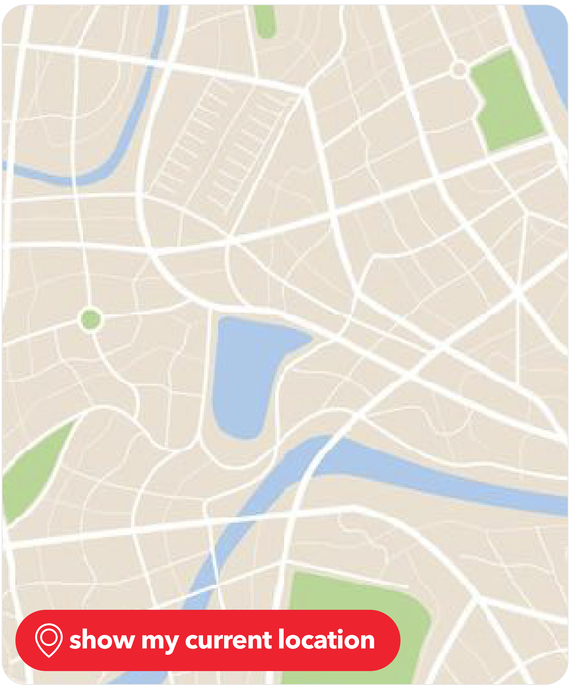
street / community name

Unit number

Additional details (optional)

Pin your location on map.

Search by building name



40 meals in 20 days

Ð799

~~Ð1,197~~ 33% OFF

Save Address



Our bags are reusable.

Please leave your empty HAS bag outside your door so our delivery team can collect it.

Got it! I'll leave it outsite.

🍴 Do you need Cutlery?

No

Yes +Đ351

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue

Jumeirah Village Circle

Select an availabe delivery time slot for your location.

8:00 AM - 6:00 PM

8:00 AM - 6:00 PM

+ Add delivery instructions

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Confirm

Your address and time slots

DUBAI
SH Living1

8:00 AM - 6:00 PM

ALL DELIVERY DAYS

+ Add new address for delivery days

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue



Which portion size fits more to your dietary?



Regular portion

800 - 1050 Kcal /day

Protein	Carb	Fat
40-92gr	40-92gr	40-92gr



Large portion

800 - 1050 Kcal /day

Protein	Carb	Fat
40-92gr	40-92gr	40-92gr

+Đ351

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue

Select your starting day

It’s set ahead by 2 days so we can get your meals ready

October 2026 | November 2026 | Dece

MON	TUE	WED	THU	FRI	SAT	SUN
			4	3	2	1
11	10	9	8	7	6	5
19	18	17	16	15	14	13
25	24	23	22	21	20	19
31	30	29	28	27	26	

40 meals in 20 days

Đ799

~~Đ1,197~~ 33% OFF

Continue

please review your order details.

Balanced plan:

5 days / week
Lunch + Dinner
40 meals in 20 days
2 meals per day
Regular portion
No snacks

Delivery & timing:

Starts from: 6 NOV 2026
Delivery time slot: 18:00 - 8:00
Address: SH living 1, JVC

Your information:

Ali Zamani
Email: alizamaniii@yahoo.com
+971564479907

Turn on auto-renew

Turn on auto-renew and never miss a meal. You can turn it off at anytime

ill summery:

Meal plan	Đ 1,197.00
Discount	-Đ 398.00
Delivery	~~Đ 150.00~~
Service fee	Đ 25.33
VAT	Đ 39.95
Total Amount	**Đ 846.28**

Have a code?

Payment method:

Apple Pay
Google Pay
Card Payment
HAS Wallet
Available balance: AED 0

Payment means you accept our Terms and Conditions.

Đ846
VAT inclusive

Pay with Pay

Add delivery instructions

- [ ] 🔕 Don’t ring the bell
- [ ] 🚪 Leave at the door
- [ ] 📵 Avoid calling
- [ ] 👮 Leave with guard

Confirm & Save



You’re all set!

Your order is successfully placed!

We've sent your order summary to alizamanili@yahoo.com Check your inbox for all the details.

Go to Home page